

Are you or your family/ friends concerned about changes in your memory and thinking?

A number of people experience changes to their memory and thinking which may impact on their day to day living and cause them and their family and friends concern.

We are looking for volunteers to take part in research about how people live with and respond to these changes.

We would like to understand which supports and strategies people find most useful in managing these changes.

This research will contribute towards the development of an online resource for people experiencing these changes and their loved ones.

You are able to take part in this research if you:

- ▶ Have experienced changes in your memory or thinking that cause you or your family and friends concern **OR** if you have received a diagnosis of Mild Cognitive Impairment from a health care professional;
- ▶ Are 18 years or older; and
- ▶ Are living in the community

We would also like to talk with your family members.

If you are interested in taking part or want to find out more about this study, please contact us:

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