

## REFLECTION

### 4A Monitoring and evaluation

- ❓ **What steps have you taken to plan for and resource ongoing monitoring and evaluation of your telerehab offerings?**  
Consider drawing on the equity-focused implementation process framework developed by Gustafson et al. 2024<sup>3</sup> to inform your monitoring and evaluation plan to retain an equity-oriented focus.
- ❓ **How will you ensure a focus on both implementation effectiveness (the extent to which telerehab has been successfully integrated into routine practice) and intervention effectiveness (the extent to which the integration of telerehab into routine practice leads to positive outcomes) in your evaluation processes?**
- ❓ **How will you know for whom and in what context telerehab is likely to be a good option to refine your telerehab offerings going forward?**
- ❓ **What opportunities are there for built-in reflexive practice and agile service improvement as business-as-usual?**
- ❓ **How will you know if your telerehab offerings have achieved the goals and outcomes you planned for at the outset?**
- ❓ **What does success look like for different parties?**  
E.g. The organisation? Clinical staff? People and whānau accessing rehabilitation? Others?
- ❓ **What mechanisms will you put in place to engage service users and the communities you serve in your evaluation processes?**
- ❓ **How will you check assumptions as you go?**

<sup>3</sup> Gustafson, P., Lambert, M., Bartholomew, K. et al. Adapting an equity-focused implementation process framework with a focus on ethnic health inequities in the Aotearoa New Zealand context. *Int J Equity Health* 23, 15 (2024). <https://doi.org/10.1186/s12939-023-02087-y>

