

TELEREHAB DECISION-MAKING TOOL

B HEALTH PROFESSIONAL

This section is designed to help you to consider whether telerehab might be a good fit for your clients needs and situation.



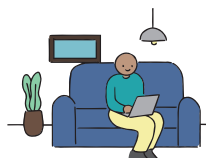
Intro to
Telerehab

STEP 1: WHO

WHO IS THE CLIENT AND THEIR WHĀNAU?



What do I know about my client and their whānau and how they need me to work?



What is unique about my client's current status or circumstances that I need to keep in mind when considering their care and rehab options?

STEP 2: WHAT

WHAT WILL REHAB INVOLVE FOR THIS PERSON?



What might a usual rehab trajectory look like for my client?
What are my client's current and future rehab needs?



What are likely to be the main tasks and activities of rehab for my client?

STEP 3: HOW

HOW WILL IT WORK?



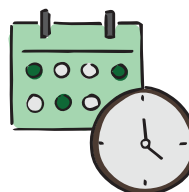
LOCATION

What kind of environment, space and equipment might be needed to optimise rehab for my client?



TEAM

What other people (family members, rehab team, and/or specialists) or organisations would benefit from being involved in my client's rehab?



TIMING

How long is my client likely to be accessing rehab?

What is likely to be the length and frequency of their rehab sessions?

How is this likely to change over time?



ACCESS

Does my client have any access needs that might impact what rehab modalities I use?